

Amity Taekwondo Summer SCHEDULE 2024

June 20th – Sep 2nd, In person Class Schedule (Amity location)

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4:10 – 4:50	-All Color Belt	-All color belt	-Black belt(Practical)	-All Color Belt
4:50 – 5:30	- Black belt (Flip) - Little Tigers *5:10 – 5:40	-Little Tigers *5:10 – 5:40	-Little Tigers *5:10 – 5:40	-B.B. Club - Black belt(Weapon)
5:30 – 6:10			- Sparring	- All Color belt - Team Poomsae(5:30-6:30)
6:10 – 6:50	-All Color Belt -Team Breaking *6:00 -7:00	-Adult/Junior/Pretest	-All Color Belt -Team Breaking *6:00 -7:00	- Adult/Junior/Pretest
7:00 – 8:00	-Team Poomsae -Team Weapon		-Team Weapon -Team Poomsae	

(Saturday)

Beginner schedule or Book a private lessons

Hanla	Saturday
10:00 – 10:40	B.B. Club
10:40 – 11:20	All Color Belt Class
11:30 – 12:10	Black belt(Poomsae)
12:10 – 12:50	Adult/Junior/Pretest

Tuesday	Wednesday	Thursday	Friday	Saturday
3:00	3:00	3:00	3:00	9:00 am
3:30	3:30	3:30		9:30 am
5:30	5:00	5:00		
	5:30	5:30		

Class Rank Guide:

- COLOR BELTS:
 - Yellow – Brown = Yellow, Orange, Green, Purple, Blue, Brown
 - Red/White – Black/Yellow = Red/White, Red/Yellow, Red/Green, Red, Black/Red (a.k.a. PUM), Black/White, Black/Yellow
- Pretest 1 - 4 = Black Yellow with One Black Tape
- Pretest 5 - 8 = Black Yellow with Two, Three OR Four Black Tapes
- **PLEASE NOTE:** Private Lessons are 30 min. & SOME CLASSES have a slightly different time schedule -as indicated next to it*