

# Amity Taekwondo Summer SCHEDULE 2023

**June 19<sup>th</sup> – Sep 4<sup>th</sup>, In person Class Schedule (Amity location)**

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4:10 – 4:50	-All Color Belt	-All color belt	-Black belt (Weapon)	-All Color Belt
4:50 – 5:30	- Black belt (Flip) - Little Tigers *5:10 – 5:40	-Little Tigers *5:10 – 5:40	-Little Tigers *5:10 – 5:40	-B.B. Club - Black belt (Practical)
5:30 – 6:10			- Sparring	- All Color belt - Team Poomsae(5:30-6:30)
6:10 – 6:50	-All Color Belt -Team Breaking *6:00 -7:00	-Adult/Junior/Pretest	-All Color Belt -Team Breaking *6:00 -7:00	- Adult/Junior/Pretest
7:00 – 8:00	-Team Poomsae -Team Weapon - Team sparring	- Team Sparring -Team Poomsae	-Team Weapon -Team Poomsae	- Team Sparring(6:30-7:30)

(Saturday)

Private lesson schedule

Hanla	Saturday
10:00 – 10:40	B.B. Club
10:40 – 11:20	All Color Belt Class
11:30 – 12:10	Black belt {Poomsase}
12:10 – 12:50	Adult/Junior/Pretest

	Tue	Wed	Thu	Fri	Sat
3:00	Lesson	Lesson	Lesson	Lesson	9:00 am
3:30	Lesson	Lesson	Lesson	Lesson	1:00 pm
4:00	<del>Lesson</del>	<del>Lesson</del>	<del>Lesson</del>	<del>Lesson</del>	
4:30	<del>Lesson</del>	<del>Lesson</del>	<del>Lesson</del>	<del>Lesson</del>	
5:00	<del>Lesson</del>	Lesson	Lesson	<del>Lesson</del>	
5:30	Lesson	Lesson	Lesson	<del>Lesson</del>	
6:00	<del>Lesson</del>	<del>Lesson</del>	<del>Lesson</del>	<del>Lesson</del>	
6:30	<del>Lesson</del>	<del>Lesson</del>	<del>Lesson</del>	<del>Lesson</del>	

**Class Rank Guide:**

- COLOR BELTS:
  - Yellow – Brown = Yellow, Orange, Green, Purple, Blue, Brown
  - Red/White – Black/Yellow = Red/White, Red/Yellow, Red/Green, Red, Black/Red (a.k.a. PUM), Black/White, Black/Yellow
- Pretest 1 - 4 = Black Yellow with One Black Tape
- Pretest 5 - 8 = Black Yellow with Two, Three OR Four Black Tapes
- **PLEASE NOTE:** Private Lessons are 30 min. & SOME CLASSES have a slightly different time schedule -as indicated next to it\*