



**EASTROCK Location**

50 Mitchell Drive/Nicoll St. New Haven, CT 06511  
(203-745-3366) [www.EASTROCKTKD.com](http://www.EASTROCKTKD.com)

## **WHS Taekwondo After-School Program**

**Starting Sep 21<sup>st</sup>, 23<sup>rd</sup> @ 3:10 - 4:00**

**through Dec 14<sup>th</sup>, 16<sup>th</sup>**

**\$450.00\*Includes 2 belt promotion tests fees!**

**(Please Register & Pay check to: Kims international Mudo)**

**\* Please Note: NO Refunds**

**Multiple Payment Options Available. Don't Miss Out! Sign up today!**

Promotion Testing offered at  
closer to pick up times for  
working parents to enjoy  
seeing their children's  
progress!!

**After school Contact information : [marie.ackerman@new-haven.k12.ct.us](mailto:marie.ackerman@new-haven.k12.ct.us).**

**Learning Taekwondo kicks, breaking and self-defenses**

**Exercise and fitness**

**Build self-esteem**

**Fun and fun!**

**We are very happy to announce that we will be holding 2 Belt Promotion Tests for this program.**

**Taekwondo belt promotion test (Belt Test Fee Included) – Earning belt and break a wooden board**

**\*Test #1 Oct 26<sup>th</sup> (Lower), Oct 28<sup>th</sup> (Upper) at Worthington Hooker. (3:10 ~4:00)**

**\*Test #2 Dec 14<sup>th</sup>(Lower), Dec 16<sup>th</sup> (Upper) at Worthington Hooker School (3:10 ~4:00)**

**Class Dates are as follows: Lower school**

**Sep – 21<sup>st</sup>, 28<sup>th</sup>**

**Oct – 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup>, 26<sup>th</sup>**

**Nov – 9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup>, 30<sup>th</sup>**

**Dec – 7<sup>th</sup>, 14<sup>th</sup>**

**\*Please note that there are NO classes on school closings or days when afterschool care is cancelled!!**

**\*We will work with your school to plan in the event of snow cancellations.**

**Class Dates are as follows: Upper school**

**Sep – 23<sup>rd</sup>, 30<sup>th</sup>**

**Oct – 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup>, 28<sup>th</sup>**

**Nov – 4<sup>th</sup>, 18<sup>th</sup>**

**Dec – 2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup>**

**\*Please note that there are NO classes on school closings or days when afterschool care is cancelled!!**

**\*We will work with your school to plan in the event of snow cancellations.**

- Uniform will be free for all.(Only one time)- Need to be purchased if grown out of or lost after that(\$50)
- Make up – If you miss a class, you can retake a class at Eastrock Taekwondo studio(50 Mitchell Dr)

(For more information about Taekwondo or Master Kim, please feel free to call or visit our website @ [www.EASTROCKTKD.com](http://www.EASTROCKTKD.com).)